## WEEKLY MENU

FOR THE WEEK: 26.08.2024 - 30.08.2024

| 1  |           | NON-VEG                                    | VEGETARIAN   | VEGAN  | SIDE DISH                     | DESSERT                            | VEGAN<br>DESSERT                     |
|--|-----------|--|--|--|-------------------------------|------------------------------------|--------------------------------------|
|  | MONDAY    | Chilli con Carne<br>with Pasta             | Chilli con Carne<br>(soy based) with<br>Pasta                          | Chilli con Carne<br>(soy based) with<br>Pasta                          | Cucumber and<br>Carrot Sticks | Fruits                             | Fruits                               |
|  | TUESDAY   |  | Dal Makhni (black<br>lentils) with Rice<br>and Chappatti               | Vegan Dal Makhni<br>(black lentils) with<br>Rice and Chappatti         | Tomato salad                  | Chocolate<br>Yogurt Cake<br>Fruits | Vegan<br>Chocolate<br>Cake<br>Fruits |
|  | WEDNESDAY | Chicken with<br>Cous Cous and<br>Chickpeas | Soya Chunks with<br>Cous Cous and<br>Chickpeas                         | Soya Chunks with<br>Cous Cous and<br>Chickpeas                         | Green Salad                   | Vanilla Pudding<br>Fruits          | Soy Vanilla<br>Pudding<br>Fruits     |
| The state of the s | THURSDAY  |  | Sambar (lentil stew) with Idli (savoury rice cake) and Coconut Chutney | Sambar (lentil stew) with Idli (savoury rice cake) and Coconut Chutney | Salad                         | Fruits                             | Fruits                               |
|  | FRIDAY    | Meat Balls with<br>Potato and<br>Quark     | Vegetable Patties<br>and with Potato and<br>Quark                      | Vegetable Patties<br>and Fried Potatoes                                | Tomato salad                  | Vanilla Yogurt<br>Fruits           | Vegan Cake<br>Fruits                 |

Please write an email to <a href="mailto:sekretariat@dsnd.de">sekretariat@dsnd.de</a> if you want to book vegan or vegetarian diet for your child