

# WEEKLY MENU

FOR THE WEEK: 09.12.2024 – 13.12.2024

	NON-VEG	VEGETARIAN	VEGAN	SIDE DISH	DESSERT	VEGAN DESSERT
MONDAY	Chilli con Carne with Pasta	Soya-Chilli con Carne with Pasta	Tofu Thai Curry with Rice	Pumpkin Soup	Fruits	Fruits
TUESDAY		Lentils and Potato with Cumin and Rice	Lentils and Potato with Cumin and Rice	Cucumber and Carrot Sticks	Apple Crumbel Fruits	Vegan Apple Crumbel Fruits
WEDNESDAY	Chicken with Cous Cous and Chickpeas	Soy Chunks with Cous Cous and Chole	Soy Chunks with Cous Cous and Chole	Clear Soup with Pasta	Vanilla Yogurt Fruits	Banana Soy Milk Shake Fruits
THURSDAY		Paneer Chettinad with Rice	Tofu Chettinad with Rice	Green Salad	Chocolate Pudding Fruits	Vegan chocolate pudding Fruits
FRIDAY	Buddha Bowl: Chicken, Vegetables, Chickpeas and Quinoa with two dressings	Buddha Bowl: Tofu, Vegetables, Chickpeas and Quinoa with two dressings	Buddha Bowl: Tofu, Vegetables, Chickpeas and Quinoa with dressing	Cauliflower Soup	Fruits	Fruits

Please write an email to [sekretariat@dsnd.org](mailto:sekretariat@dsnd.org) if you want to book vegan or vegetarian diet for your child